

CAMHS New Model of Care

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**Promoting hope
and wellbeing
together**

Situation

- From 1st April 2017 the Tier 4 CAMHS budget for acute, PICU, eating disorders and secure beds transferred to West London Mental Health Trust and Central North West London. Total - £13.5 million per year
- 2 Year pilot with 1 year break clause
- High number of young people out of area placements
- WLMHT has no acute CAMHS beds and CNWL has children's residential unit – reliance on independent providers
- Many young people had been in CAMHS hospitals for months and sometimes years, distance was a barrier for local CAMHS clinicians to be properly involved in their care.



Re-designing the pathway

- New Models of Care provided the incentives and responsibility to strengthen care pathways to:
 - ☐ Reduce out of area placements
 - ☐ Prevent avoidable admissions
 - ☐ Reduce the length of in-patient stays
- Shadow period was 1st October 16 to March 17 to test new approach, commenced 1st April 2017
- Aim to make savings made from reducing length of stays by 10% - re-investment back into Tier 4 outreach service.
- Work with the Priory to 'ring-fence' CAMHS beds at London hospitals for NW London young people.
- Incentivise clinicians to prevent avoidable admissions by re-investing into their CAMHS community teams.



Position at January 2017

- Lengths of stay – 108 days compared to national average of 58 days
- 27% of placements were 'out of area' that is 20 miles from patients' home
- Lack of beds in London, NHSE found that 34% of total bed capacity is used by CAMHS patients from non-London patients.
- Adolescents often admitted onto adult inpatient wards (serious incident) but often discharged back home .
- Young people stayed for months often years at inpatient units – sometimes delays due to social care packages required.

Clinical Model – The Vision

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graph TD; A[Clinical Model – The Vision] --> B[LOCAL]; A --> C[DEMAND MANAGEMENT]; A --> D[REDUCING LENGTH OF STAY]; B --> E[Reducing Length of Stay]; C --> E; D --> E;
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LOCAL

Allocated
London beds at
the Priory

Improve
integration
between Tier 3
and Tier 4
Services

DEMAND MANAGEMENT

Out of Hours
CAMHS

Bed
management
function

Crisis Pathway

REDUCING LENGTH OF STAY

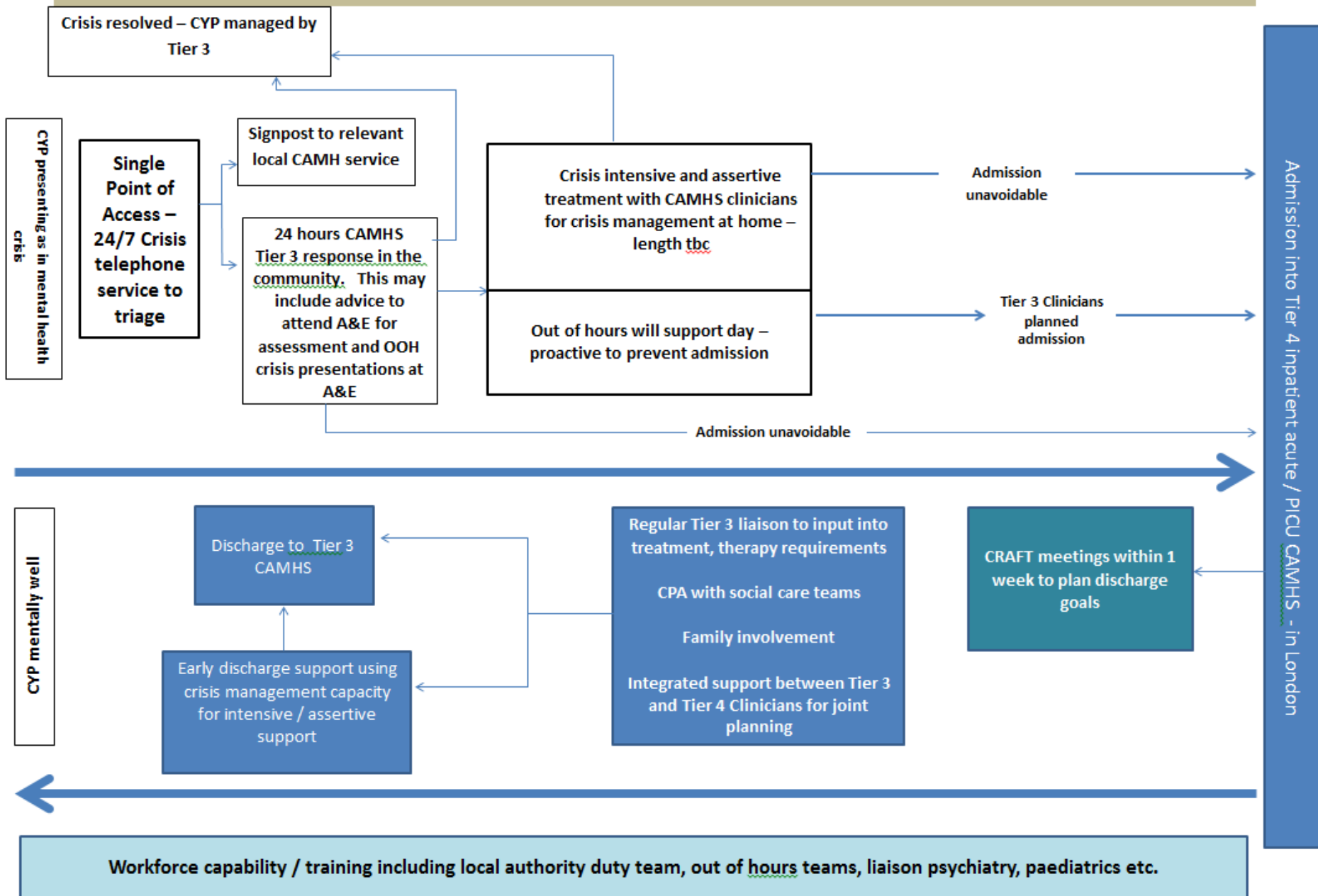
Craft meetings

Case
management

Improved
communication

Reducing Length of Stay

Child or Young Person in mental health crisis - clinical pathway



Expected outcomes

Acute CAMHS		
Indicator	Year 1 (2017/18)	Year 2 (2018/19)
Number of admissions	Admission avoidance – 10 young people	Admission avoidance – 10 young people
Length of stay	10% reduction – average 107 bed days. Reduction to 96 bed days	Additional 10% reduction. Reduction from 96 to 87 bed days.
Numbers of out of area placements	Reduce from 46% to 30%.	Reduce from 30% to 20%.
Distance from home	Reduce placements to within 20 miles	Reduce placements to within 20 miles
Numbers of occupied bed days (net of new placements)	Annual number of occupied bed days = 11,537 Reduction 10% = 10,384 3 less beds across NW London	Additional 10% reduction

Is this commissioning any different?

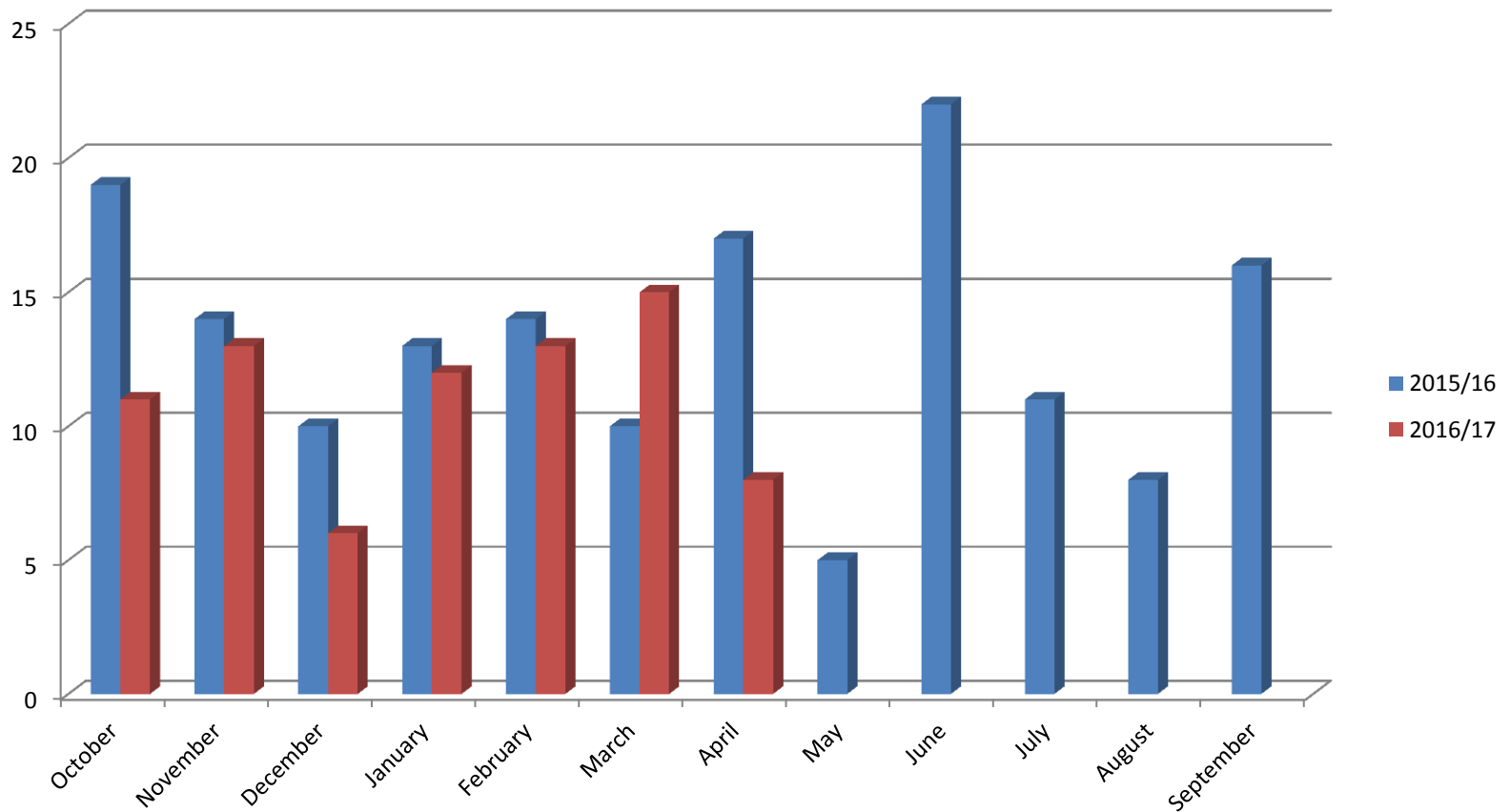
- The financial risk for overspend of the Tier 4 budget transfers to the 2 NHS Trusts
- Contracts with Tier 4 providers stays with NHS England
- New Models of Care pilots influence the quality and commissioning through partnership with NHSE Specialist Commissioning and Case Manager
- Projected savings of £1 million in year 1 and additional £1 million in year 2 –these are not efficiency savings but re-investment

Outcomes

- CCGs have invested £900,000 into crisis management pathway to provide equity across 8 boroughs
- Estimated savings in April £120,000 for one month
- The Priory report length of stay in North London Hospital have reduced from 90 to 42 days since New Models of Care
- The Priory working closer with CAMHS clinicians so increased throughput

Number of Admissions by Month

2015/16 data to 2016/2017



Next Steps

- Start to agree re-investment proposals, they will be based upon previous demand, boroughs that generate most admissions and incentivising clinicians.
- As part of the London CAMHS beds re-alignment look at the two Trusts estates to open CAMHS beds
- Focus has been acute and eating disorder placement – expand into secure placement
- Make the savings!!!